



# UTTARANCHAL MEDICAL COLLEGE OF AYURVEDA AND RESEARCH



MINISTRY OF  
AYUSH



Approved by Ministry of Ayush, Govt. of India, NCISM, New Dehli & Affiliated to Uttarakhand Ayurved University (UK)  
Ref: UMCAR/2025-26/115 Dated: 02.08.2025

## OFFICE ORDER

Subject: Reconstitution of Discipline & Anti-Ragging Committee for Academic Year 2024-2025

In compliance with institutional guidelines and the directives of the National Commission for Indian System of Medicine (NCISM) and University Grants Commission (UGC) on maintaining discipline and preventing ragging, the Competent Authority of Uttarakhand Medical College of Ayurveda and Research (UMCAR), Premnagar, Dehradun, is pleased to reconstitute the Discipline & Anti-Ragging Committee for the academic year 2024-2025.

This committee shall be responsible for upholding discipline, curbing the menace of ragging, and ensuring a safe, ethical, and respectful learning environment for all students and staff.

The details of the committee members are as follows:

Sr. No.	Name & Designation	Membership	Mobile No.
1.	Dr. Ravi Joshi (Principal, UMCAR)	Chairperson	8979667108
2.	Dr. Nandini Mishra (Associate Professor, Rachna Sharir Department)	Coordinator	7817915895
3.	Dr. Savita Pawar (Associate Professor, Samhita Sidhanta Department)	Member	9407880852
4.	Dr. Mudit Chauhan (Consultant, Swasthviritta & Yoga Department)	Nodal Officer	7500355609
5.	Prof. (Dr.) Anil Kumar Dixit (Legal Representative)	Member	8126434941
6.	SHO/SI, Prem Nagar Police Thana Or his nominee (Police Admin. Representative)	Member	0135-2770033 9411112188
7.	Mr. Prakhar Bhardwaj, News India-18 (Media Representative)	Member	-
8.	Ms. Anjali Gupta, (1 <sup>st</sup> year B.A.M.S student)	Member	8279973710
9.	Ms. Khushi Uniyal, (1 <sup>st</sup> year B.A.M.S student)	Member	9634176776
10.	Mr. Aditya Gupta, (1 <sup>st</sup> year B.A.M.S student)	Member	8439811041

Under the aegis of Sushila Devi Centre for Professional Studies and Research

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10.	Mr. Aditya Gupta, (1 <sup>st</sup> year B.A.M.S student)	Member	8439811041
11.	Mr. Fuzail Afraheem, (1 <sup>st</sup> year B.A.M.S student)	Member	7500383551
12.	Mr. Ritesh Kumar , (1 <sup>st</sup> year B.A.M.S student)	Member	7250829035
13.	Ms. Somya Gulati, (1 <sup>st</sup> year B.A.M.S student)	Member	7817087571
14.	Mr. Deepesh Gangwar , (1 <sup>st</sup> year B.A.M.S student)	Member	7351996577

### **Roles & Responsibilities of the Committee**

The Discipline & Anti-Ragging Committee shall take the following actions to ensure a safe and conducive learning environment:

#### **1. Dissemination of Ethical Guidelines**

- Ensuring that all students, faculty, and staff are well-informed about the institutional Code of Conduct and Anti-Ragging policies.
- Displaying anti-ragging warnings on the institution's website, prospectus, and student handbooks.
- Collecting anti-ragging undertakings from students and parents (as per UGC & NCISM directives).

#### **2. Vigilance & Monitoring**

- Conducting regular inspections in classrooms, hostels, canteens, and other common areas to prevent ragging and disciplinary issues.
- Establishing an anonymous grievance redressal mechanism for students to report incidents without fear of retaliation.
- Installing CCTV cameras at key locations for continuous surveillance.

#### **3. Rapid Response Mechanism**

- Establishing a 24/7 helpline number and an email-based complaint system for reporting ragging incidents.
- Ensuring immediate investigation and resolution of complaints, with necessary support for victims.

#### **4. Awareness & Sensitization Programs**

- Organizing seminars, workshops, and awareness drives to educate students about the legal consequences of ragging.
- Conducting orientation programs for newly admitted students, introducing them to the anti-ragging guidelines.
- Inviting external experts, law enforcement officials, and alumni to share their insights on campus safety.

#### **5. Strengthening Communication & Reporting**

- Maintaining detailed records of all incidents, complaints, and actions taken.
- Submitting periodic reports to the Competent Authority and ensuring compliance with NCISM/UGC guidelines.
- Coordinating with student councils and faculty members to proactively address student concerns.

#### **6. Counseling & Student Support**



## **7. Stringent Action & Compliance**

- Recommending strict disciplinary actions, including fines, suspension, or expulsion, in accordance with institutional and legal frameworks.
- Ensuring adherence to NCISM, UGC, and Ministry of Education guidelines on anti-ragging measures.

### **Instructions for the Committee**

#### **1. Monthly Meetings:**

- The Chairperson shall convene monthly meetings to review and enhance the committee's effectiveness.
- Minutes of Meetings (MoM) shall be documented and submitted to the undersigned for record-keeping.

#### **2. Annual Calendar:**

- The committee shall prepare an annual calendar of anti-ragging and disciplinary activities for timely execution.

#### **3. Surprise Inspections:**

- Periodic surprise inspections of hostels, canteens, and other sensitive areas shall be conducted.

#### **4. Reporting Mechanism:**

- Any reported incidents of ragging shall be immediately investigated, and an Action Taken Report (ATR) shall be submitted to the Competent Authority.
- Severe cases of ragging shall be reported to law enforcement agencies for legal action.

#### **5. Implementation of NCISM/UGC Guidelines:**

- The committee shall ensure full compliance with the UGC Anti-Ragging Regulations, 2009 (including 2nd & 3rd Amendments).
- Any updates or advisories from NCISM and UGC regarding anti-ragging measures shall be promptly implemented.
- This Discipline & Anti-Ragging Committee shall come into effect from 28<sup>th</sup> July 2025 and will remain operational for the academic year 2024-2025.

All concerned are requested to take note and comply accordingly.

\*Details of Nodal Officer Attached

CC to:

- ❖ All Concerned
- ❖ Guard file

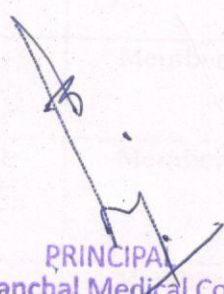
Dr. Ravi Joshi  
Principal  
Uttaranchal Medical College of Ayurveda & Hospital  
Premnagar, Dehradun

**PRINCIPAL**  
**Uttaranchal Medical College**  
**of Ayurveda & Research**  
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**Details of Nodal Officer**

S. No	Name Of Nodal Officer	Contact No	Address
1.	Dr. Mudit Chauhan (Consultant, Swasthviritta & Yoga Department)	+91 7500 355 609	Falt No 410 ,Faculty Building, Uttaranchal University, Premnagar, Dehradun

  
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