



OFFICE ORDER

**Subject: Constitution of Discipline & Anti-Ragging Committee for
Academic Year: 2025-2026**

In compliance with institutional guidelines and the directives of the National Commission for Indian System of Medicine (NCISM) and University Grants Commission (UGC) on maintaining discipline and preventing ragging, the Competent Authority of Uttarakhand Medical College of Ayurveda and Research (UMCAR), Premnagar, Dehradun, is pleased to constitute the "Discipline & Anti-Ragging Committee" for the academic year 2025-2026.

This committee shall be responsible for upholding discipline, curbing the menace of ragging, and ensuring a safe, ethical, and respectful learning environment for all students and staff.

The details of the members are as follows:

S. No.	Name & Designation	Membership	Contact No.
1.	Dr. Vibhooti Chandrakar (Principal/ Professor, Samhita Sidhanta Department)	Chairperson	7248788958
2.	Dr. Govind Malik (Professor, Rachna Sharir Department)	Co-ordinator	9690755476
3.	Dr. Akanksha Chauhan (Associate Professor, Rog Nidana & Vikriti Vigyan Department)	Member	9627201007
4.	Dr. Akshat Sirdhyal (Assistant Professor, Swasthavritta & Yoga Department)	Member	8219678145
5.	Dr. Chhavi (Assistant Professor, Shalya Tantra Department)	Member	7505359389
6.	Prof. (Dr.) Anil Kumar Dixit (Legal Representative)	Member	8126434941
7.	SHO/SI, Prem Nagar Police Thana or his nominee (Police Admin. Representative)	Member	0135-2770033 9411112188
8.	Mr. Prakhar Bhardwaj, News India-18 (Media Representative)	Member	-
9.	Ms. Pragya Singh (1 st Year B.A.M.S student, Batch-2024)	Member	9838442122

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10.	Ms. Juhi Singh (1 st Year B.A.M.S student, Batch-2024)	Member	8102295906
11.	Mr. Himanshu Prajapati (1 st Year B.A.M.S student, Batch-2024)	Member	9045367119
12.	Mr. Rishabh Sharma (1 st Year B.A.M.S student, Batch-2025)	Member	8178280344
13.	Mr. Altamash Raza Khan (1 st Year B.A.M.S student, Batch-2025)	Member	6392775511
14.	Ms. Ritika Santra (1 st Year B.A.M.S student, Batch-2025)	Member	7678648500
15.	Mr. Vikas Prajapat (1 st Year B.A.M.S student, Batch-2025)	Member	7297992013

Roles & Responsibilities of the Committee:

The Discipline & Anti-Ragging Committee shall take the following actions to ensure a safe and conducive learning environment:

1. Dissemination of Ethical Guidelines

- Ensuring that all students, faculty, and staff are well-informed about the institutional Code of Conduct and Anti-Ragging policies.
- Displaying anti-ragging warnings on the institution's website, prospectus, and student handbooks.
- Collecting anti-ragging undertakings from students and parents (as per UGC & NCISM directives).

2. Vigilance & Monitoring

- Conducting regular inspections in classrooms, hostels, canteens, and other common areas to prevent ragging and disciplinary issues.
- Establishing an anonymous grievance redressal mechanism for students to report incidents without fear of retaliation.
- Installing CCTV cameras at key locations for continuous surveillance.

3. Rapid Response Mechanism

- Establishing a 24/7 helpline number and an email-based complaint system for reporting ragging incidents.
- Ensuring immediate investigation and resolution of complaints, with necessary support for victims.

4. Awareness & Sensitization Programs

- Organizing seminars, workshops, and awareness drives to educate students about the legal consequences of ragging.

- Conducting orientation programs for newly admitted students, introducing them to the anti-ragging guidelines.
- Inviting external experts, law enforcement officials, and alumni to share their insights on campus safety.

5. Strengthening Communication & Reporting

- Maintaining detailed records of all incidents, complaints, and actions taken.
- Submitting periodic reports to the Competent Authority and ensuring compliance with NCISM/UGC guidelines.
- Coordinating with student councils and faculty members to proactively address student concerns.

6. Counseling & Student Support

- Collaborating with the Counseling & Mentoring Department to offer emotional and psychological support to students facing harassment or ragging.
- Conducting one-on-one counseling sessions for students involved in disciplinary violations to help them integrate into the institutional culture.

7. Stringent Action & Compliance

- Recommending strict disciplinary actions, including fines, suspension, or expulsion, in accordance with institutional and legal frameworks.
- Ensuring adherence to NCISM, UGC, and Ministry of Education guidelines on anti-ragging measures.

Instructions for the Committee:

1. Monthly Meetings:

- The Chairperson shall convene monthly meetings to review and enhance the committee's effectiveness.
- Minutes of Meetings (MoM) shall be documented and submitted to the undersigned for record-keeping.

2. Annual Calendar:

- The committee shall prepare an annual calendar of anti-ragging and disciplinary activities for timely execution.

3. Surprise Inspections:

- Periodic surprise inspections of hostels, canteens, and other sensitive areas shall be conducted.

4. Reporting Mechanism:

- Any reported incidents of ragging shall be immediately investigated, and an Action Taken Report (ATR) shall be submitted to the Competent Authority.
- Severe cases of ragging shall be reported to law enforcement agencies for legal action.

5. Implementation of NCISM/UGC Guidelines:


- The committee shall ensure full compliance with the UGC Anti-Ragging Regulations, 2009 (including 2nd & 3rd Amendments).
- Any updates or advisories from NCISM and UGC regarding anti-ragging measures shall be promptly implemented.
- This Discipline & Anti-Ragging Committee shall come into effect from 19th December 2025 and will remain operational for the academic year 2025-2026.

All concerned are requested to take note of the above and comply accordingly.

*Details of Nodel Officer Attached

Copy to:

1. Director, UMCAR – for kind information
2. UMCAR/UHDC Admin. In-charge – for necessary changes in the portal
3. All concerned – for information and necessary actions


Principal
UMCAR

Uttaranchal Medical College
of Ayurveda & Research
Premnagar, Dehradun-UK