



OFFICE ORDER

Subject: Constitution of Cultural Committee for the Academic Year: 2025-2026

In compliance with institutional guidelines and to foster cultural enrichment, ethical values, and the promotion of Ayurveda traditions, the Competent Authority of Uttarakhand Medical College of Ayurveda and Research, Premnagar, Dehradun, is pleased to constitute the "Cultural Committee" for the academic year 2025-2026. This committee shall be responsible for organizing cultural activities, promoting Ayurveda's cultural and ethical values, and ensuring compliance with the institutional Code of Ethics at all levels.

The details of the members are as follows:

S. No.	Name & Designation	Membership	Contact No.
1.	Dr. Vibhooti Chandrakar (Principal/ Professor, Samhita Sidhanta Department)	Chairperson	7248788958
2.	Dr. Savita Pawar (Associate Professor, Samhita Sidhanta Department)	Co-ordinator	9407880852
3.	Dr. Satwinder Kaur (Deputy Medical Superintendent, UHDC)	Member	9149067700
4.	Dr. Shweta Verma (Associate Professor, Dravyaguna Department)	Member	8979046186
5.	Dr. Preeti Vashist (Assistant Professor, Samhita and Siddhanta Department)	Member	9711244107
6.	Dr. Deepak Prasad Raturi (Assistant Professor, Samhita and Siddhanta Department)	Member	8057724430
7.	Dr. Lipi Raturi (Assistant Professor, Rachna Sharir Department)	Member	9557660674
8.	Dr. Chhavi (Assistant Professor, Shalya Tantra Department)	Member	7505359389
9.	Dr. Komal Dhiman (Assistant Professor, Kaumarbhritya Department)	Member	8171875805
10.	Ms. Divyanshi Rastogi (1 st Year B.A.M.S student, Batch-2024)	Member	8791753599
11.	Mr. Akshay Pratap Singh (1 st Year B.A.M.S student, Batch-2024)	Member	7355113493
12.	Mr. Adwait Shyam Gharote (1 st Year B.A.M.S student, Batch-2024)	Member	8459740091

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13.	Ms. Ritika Kumari (1 st Year B.A.M.S student, Batch-2024)	Member	6299726988
14.	Mr. Samarth Mishra (1 st Year B.A.M.S student, Batch-2024)	Member	7389867099
15.	Ms. Bhumika Vidyarthi (1 st Year B.A.M.S student, Batch-2025)	Member	8791274780
16.	Ms. Anjali Ranga (1 st Year B.A.M.S student, Batch-2025)	Member	7340132134

Responsibilities of the Cultural Committee:

- a)** Promotion of Ayurveda Traditions: Organizing cultural events and activities that reflect and celebrate the ancient wisdom and traditions of Ayurveda.
- b)** Ethical Compliance: Ensuring that all cultural initiatives uphold the Code of Ethics and professional integrity of the institution.
- c)** Cultural Awareness: Promoting awareness of Ayurveda values and practices among students, faculty, and the community through workshops, seminars, and events.
- d)** Integration of Ayurveda and Culture: Coordinating events that integrate cultural heritage with Ayurveda principles, such as Ayurveda lifestyle practices, yoga, and traditional Indian festivals.
- e)** Encouragement of Talent: Identifying and nurturing the cultural talents of students and faculty to enhance creativity and engagement.
- f)** Representation in Events: Encouraging and facilitating participation in inter-collegiate and state-level cultural competitions with a focus on Ayurveda and traditional themes.
- g)** Hosting Ayurveda Celebrations: Organizing events to celebrate significant days like Dhanvantari Jayanti, World Ayurveda Day, and International Yoga Day.
- h)** Hands-on Activities: Promoting activities like herbal garden tours, Ayurveda culinary workshops, and Panchakarma awareness programs to blend practical knowledge with cultural education.
- i)** Documentation: Maintaining detailed records of cultural activities, achievements, and participation, and submitting regular reports to the Competent Authority.
- j)** Collaboration with Departments: Coordinating with Panchakarma, Samhita, and other departments to ensure cultural activities align with Ayurveda education and practices.
- k)** Inclusivity: Ensuring all cultural initiatives are inclusive, engaging students and faculty from diverse backgrounds.


Instructions for the Committee:

- a) The Chairperson shall convene monthly meetings of the Cultural Committee to plan and review activities.
- b) Minutes of the meetings must be documented, and a copy should be submitted to the undersigned for review and record-keeping.
- c) The Committee is required to prepare an annual calendar of cultural activities and ensure its timely execution.
- d) This Committee shall come into effect from 19th December 2025 and will remain operational for the academic year 2025-2026.

All concerned are requested to take note of the above and comply accordingly.

Copy to:

- 1. Director, UMCAR – for kind information
- 2. UMCAR/UHDC Admin. In-charge – for necessary changes in the protocol
- 3. All concerned – for information and necessary actions


Principal
UMCAR
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of Ayurveda & Research
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